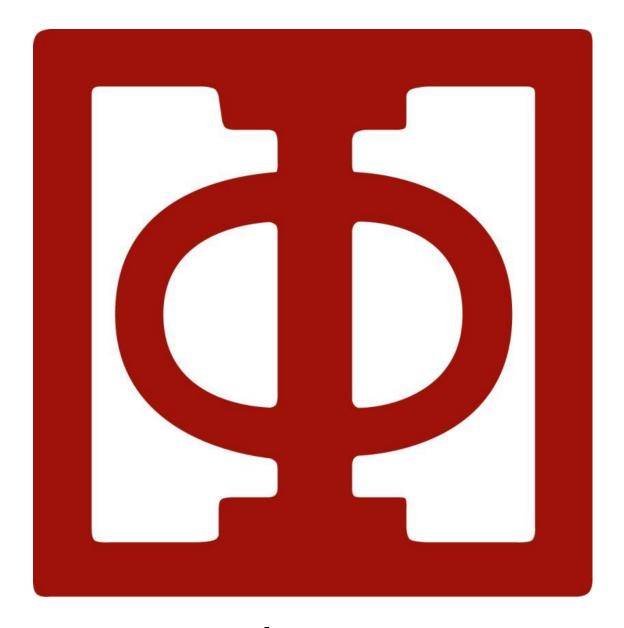
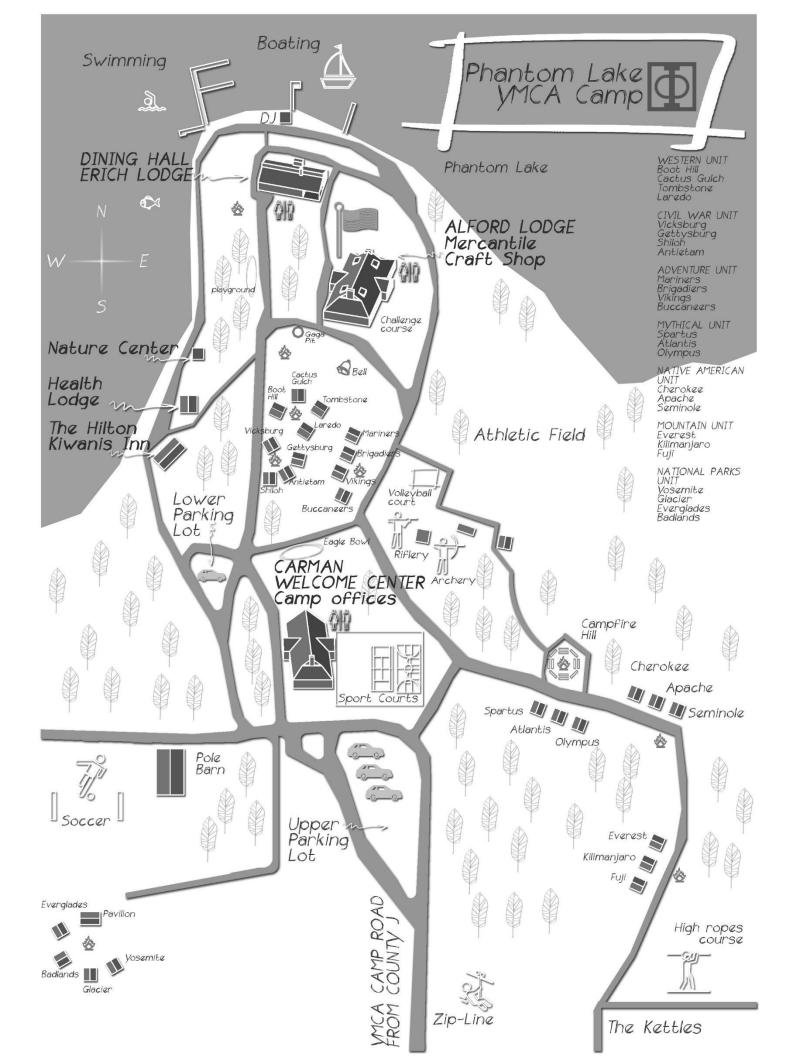
Phantom Lake YMCA Camp



Family Camp 1 Sample Schedule

****This schedule may change a bit. This is for you to get the general idea of what we have set up for the weekend! Keep an ear open for announcements!



Welcome to PLYC Family Camp!

Whether this is your first time here or you are returning we hope you will find this outline of activities helpful. The choice to participate in activities is always yours. Your participation adds so much to the spirit of Family Camp that we hope you will join us for the fun! We will provide you with activity schedule updates during the weekend. ENJOY!

Family Camp Information:

- Parent/adult supervision of anyone under the age 18 is required at all times at family camp
- As always, there is no alcohol allowed at camp property. Additionally, smoking is also not permitted on camp property
- Safety is our number one priority here at camp! Staff working in any activity area will
 explain the rules and procedures for the different activity areas when you are there. Please
 help to make sure all members of your family are following all rules as explained by camp
 staff members.
- Parking: after check in on Friday evening please park your vehicles for the weekend in the upper parking lot, across the road from the Carman Welcome Center
- Restrooms as well as showers can be found in the Carman Welcome Center (basement),
 Alford Lodge and the Dining Hall (basement)
- water filling stations and drinking fountains can be found in the Carman Welcome Center, as well as both upstairs and downstairs in the Dining Hall
- Fishing (like all family camp activities) requires adult supervision, as well as a fishing license for anyone over the age of 15
- Fires there are firewood boxes stationed around camp near the tent units that have been stocked with firewood for the weekend. Any fires built at camp must be attended at all times and must have a full water bucket before lighting the fire. Please completely extinguish your fire before leaving it.
- Trash you will find trash huts located all over camp for disposing of any trash
- Snack and beverage stations will be set up in the dining hall and refreshed throughout the weekend, anything on these stations will be free for the taking. There are also microwaves and toasters available for use!
- The Hollow at Phantom Lake is a big fundraiser for us, and is coming up in just a few short weeks. You will likely see event organizers and or volunteers on site this weekend as they continue their set up and preparations for this awesome event!
- We will be creating a family camp message board on the app Group Me if you would like to download the app we can add you to it to receive announcements and schedule updates.
- If you have any questions throughout the weekend please reach out to either our Camp Director, KJ or our Chief Operating Officer, Hannah.
- Have a wonderful time at camp, we are so happy to get to share the Phantom Spirit with you!

-Here is the list of camp activities that require staff to open and run these areas

- Swimming
- Boating
- Aqua tramp
- Archery
- Riflery
- Zip line
- High ropes
- Craft shop

-Several camp activities are available to you at family camp at any time, here are <u>Activities that are always</u> <u>open and don't require staff to run</u>, however parent supervision is still required at all times at family camp

- Tennis (equipment can be found in the sports shed)
- Basketball (equipment can be found in the sports shed)
- Soccer (equipment can be found in the sports shed)
- Frisbee (equipment can be found in the sports shed)
- lawn games (equipment can be found in the sports shed)
- Volleyball and or Nuke'em
- Fishing anyone age 18 or under may not be on any pier without a parent or guardian with them
- Board games
- Slackline (can be found in the large room in Alford Lodge)
- parachute (can be found in the large room in Alford Lodge)
- Gaga Ball
- Challenge Course (instructions can be found at the challenge course)

Schedule for the Weekend*

*(subject to change)

FRIDAY

4:00 – 5.30 ARRIVAL AND CHECK IN AT THE CARMAN WELCOME CENTER

You will receive an information packet and your tent assignment. Your packet will provide helpful information. Activity updates and sign-up sheets are posted in the Dining Hall. Announcements are also made at meals.

4:30 - 6:00 WATERFRONT OPEN

Our boating area will be open for swimming, boating, and jumping on the aqua trampoline!

6:30 WELCOME AND COOK OUT

We encourage you to introduce yourself to other families and chat with our staff. It's a nice way to start the weekend off and get to know who all will be spending it with you! We plan to cook burgers over the fire ring near Alford Lodge (AKA The Fox Fire Pit)

9:00 CAMPFIRE AND S'MORES

Don't forget the bug spray as you follow the aroma of wood smoke to the Fox Fire Pit to meet each other, sing songs and tell some stories. Take a seat on one of the logs or bring your lawn chairs or a blanket to sit on. If you have a snack to share, bring it along.

CLOSE OF DAY

Two quiet bells will signal the official close of the day. You are welcome to "turn in" or join us around the Fox fire pit for slow songs. We are singing slow songs that we usually sing along with campers at the end of each day. Please let KJ know if you would like to lead slow songs.

SATURDAY

7:30 MORNING DIP

Take a quick dip in the lake before breakfast in the swimming area. What a refreshing way to start the day!

8:00 BREAKFAST

2 bells will sound to let you know that breakfast is about to start. We'll start with a simple grace on the side of the hill before we share breakfast. We will conclude breakfast with some announcements. This is how we keep you informed of schedule changes and special activities. It's a good time to ask any questions.

8:45 FLAG RAISING

Assemble in front of the flag for a regular Phantom tradition, flag raising followed by the pledge of allegiance.

9:00 - 12:00 WATERFRONT OPEN

2 bells will sound to invite you to spend the morning exploring camp activities. Our boating area will be open for swimming, boating, and jumping on the aqua trampoline!

10:00 - 12:00 OPEN ACTIVITY TIME

Target Sports – You can shoot some arrows or shoot an air powered pellet rifle.

Craft Shop - Our craft shop will be open for painting chairs, nature crafts, and an assortment of other craft options. Show us your crafting skills.

Ropes - Depending on the amount of sign ups, join us at high ropes or zip line, we will announce which is open at breakfast.

12:30 LUNCH

2 bells and our meal begins with grace on the side of the hill. After the meal we may sing a song or two and get a little update on the afternoon activities. We'll also take a minute for introductions again, this time in the daylight. Sign up for our traditional family style talent show that will feature a collection of the championship talent right here on stage at Phantom Lake.

2:00 - 5:00 ROPES AND WATERFRONT GAMES OPEN

2 bells will sound to invite you to spend the morning exploring camp activities. Either our High Ropes Course or Zip line will be open depending upon on numbers that sign up beforehand (signup sheet located in the Dining Hall). Swimming and boating will be open for water games.

4:30 – 5:30 PHANTOM MERCANTILE IS OPEN

The camp store in Alford Lodge will be opened. Check out the awesome camp attire!

5:30 DINNER

2 bells will be rung to let you know that Dinner is about to start. We'll start with a simple grace on the side of the hill before we share Dinner.

7:00 PHANTOM LAKE YMCA FAMILY CAMP TALENT SHOW

Meet in the Alford Lodge to showcase all our great talent. The stage in the Lodge awaits a live audience for a revival of classic camp acts and the premier of new ones

8:30 THE PHANTOM SQUARE CEREMONY

For over 125 summers, the comfort of longstanding tradition and the camp philosophy have been reflected in this candlelit ceremony. The ceremony will be followed by slow songs.

SUNDAY

7:00 CHUCK TUNA

Rise and shine! Weather permitting this is your chance to see if you can swim across the lake. This is our version of the English Channel swim for strong swimmers only. Anyone under the age of 18 must wear a PFD. age 18 and up, PFD is optional

8:00 BREAKFAST

2 bells will sound to let you know that breakfast is about to start. We'll start with a simple grace on the side of the hill before we share breakfast.

8:45 FLAG RAISING

Assemble in front of the flag for a regular Phantom tradition, flag raising followed by the pledge of allegiance.

9:00 -10:00 ALL CAMP GAME

2 bells will sound to invite you to spend the morning on the A-Field with us playing an all camp game for all ages. Join us in a family friendly competition of a camp classic game.

10:00 - 12:00 ACTIVITY AREAS OPEN

2 bells will sound to invite you to spend the morning exploring camp activities.

Waterfront - open for swimming, boating, and jumping on the aqua trampoline!

Target Sports – Come shoot some arrows or an air powered pellet rifle.

Craft Shop - Our craft shop will be open for painting chairs, nature crafts, and an assortment of other craft options.

Ropes - Depending on the amount of sign ups, join us at high ropes or zip line, we will announce which is open at breakfast.

12:30 LUNCH

We will start our meal with grace on the side of the hill. Following lunch will be our time to say our thanks and goodbyes. We realize that in a very short time we've all gotten to know each other well enough to make our goodbyes a little bit hard to say. Don't worry, though, because you can always come home to Phantom again next year.

1:30 - 2:30 AFTERNOON DIP

Take one final dip and cool off in the lake before heading home.

2:00 – 3:00 MERCANTILE OPEN

The camp store will be open, where you are more than welcome to buy any of our awesome camp apparel.

Please have a safe trip home.
Thank you, friends, new and old!